



September 2019 Breakfast/Snack Menu

	Mon	Tue	Wed	Thu	Fri	Sat
1	2 No School	3 (wg) French Toast Sticks Pineapples Milk <hr/> Peaches Milk	4 (wg) Cereal Applesauce Milk <hr/> (wg) Chex Mix Applesauce Milk	5 (wg) Oatmeal Peaches Milk <hr/> Peaches Milk	6 (wg) Cereal Mixed Fruit Milk <hr/> (wg) Muffins Mixed Fruit Milk	7
8	9 (wg) French Toast Sticks Peaches Milk <hr/> (wg) Chex Mix Pears/Milk	10 (wg) Cereal Apple Sauce Milk <hr/> (wg) Cheese and Crackers Applesauce Milk	11 (wg) Oatmeal Peaches Milk <hr/> Pineapples Milk	12 (wg) Cereal Pineapples Milk <hr/> Mixed Fruit Milk	13 (wg) French Toast Sticks Peaches Milk <hr/> (wg) Chex Mix Pears/Milk	14
15	16 (wg) Cereal Apple Sauce Milk <hr/> Oranges Milk	17 (wg) Oatmeal Mixed Fruit Milk <hr/> Apple Slices Milk	18 (wg) Cereal Pineapples Milk <hr/> Apple Sauce Milk	19 (wg) Cereal Peaches Milk <hr/> Pineapples Milk	20 (wg) French Toast Sticks Peaches Milk <hr/> (wg) Chex Mix Pineapple Milk	21
22	23 (wg) Oatmeal Pineapples Milk <hr/> Mixed Fruit Milk	24 (wg) Cereal Pineapples Milk <hr/> Applesauce Milk	25 (wg) Cereal Applesauce Milk <hr/> Pineapples Milk	26 (wg) Waffles Peaches Milk <hr/> (wg) Chex Mix 100% Juice/Milk	27 French (wg) Toast Sticks Mixed Fruit Milk <hr/> (wg) Muffins Apple Sauce Milk	28
29	30 (wg) Cereal Pineapples Milk <hr/> Pineapples Milk	Cereals: Cheerios (Whole grain), Chex, Kix, Honey Bunches of oats, Corn Flakes 100% Fruit Juice: Apple Juice, White Grape Peach, Very Berry, Orange (WG) : Whole Grain (WGR) Whole Grain Rich 1% White Milk Mixed Fruit : Grapes, Cheerries, Pears, and Peaches				

Substitute Menu consists of: (wg) Cereal, 1% white milk and 100% fruit juice.
 USDA is an equal opportunity provider and employer.
 This menu is subject to change!!!!