



October 2019 Lunch Menu

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1 <i>Pizza (wg) w/ Pepperoni Salad (lettuce mix) Carrots Apple Sauce Milk</i>	2 <i>Chicken Nuggets c/n (wg) Mashed Potatoes Green Beans Apple Slices Milk</i>	3 <i>Hot dogs (wg) w/bun Baked Beans Corn Pineapple Milk</i>	4 <i>Turkey Sandwiches (wg) w/bun lettuce, tomato, and cheese Carrots Pretzels Apple Slices Milk</i>	5
6	7 <i>BBQ Meatballs Corn Mashed Potatoes (wg) Bread Peaches Milk</i>	8 <i>Pizza (wg) w/ Pepperoni Salad (lettuce mix) Corn Oranges Milk</i>	9 <i>Hamburger Patty w/bun (wg) Mashed Potatoes Baked Beans Apple Sauce Milk</i>	10 <i>Baked Macaroni & Cheese Broccoli Corn (wg) Rolls Mixed Fruit Milk</i>	11 <i>Turkey Sandwiches (wg) w/bun lettuce, tomato, and cheese Pretzels Apple Slices Milk</i>	12
13	14 <i>Chicken Nuggets C/N (wg) Mashed Potatoes String Beans Mixed Fruit Milk</i>	15 <i>Macaroni & Cheese Cauliflower, carrots, Broccoli (wg) rolls Peaches Milk</i>	16 <i>Hamburger Patty (wg) bun Corn Sweet Peas Apple Slices Milk</i>	17 <i>Chili w/ beef, beans and (wg) crackers Salad (lettuce mix) Apple Sauce Milk</i>	18 <i>Turkey Sandwiches (wg) w/bun lettuce, tomato, and cheese Carrots Pretzels Apple Slices Milk</i>	19
20	21 <i>Spaghetti w/beef Meat sauce Salad (lettuce mix) (wg) rolls Corn Peaches Milk</i>	22 <i>Turkey Sandwich (wg) w/bun, lettuce, tomato, and cheese Carrot Sticks Pretzels Oranges Milk</i>	23 <i>BBQ Meatballs Corn Mashed Potatoes (wg) rolls Peaches Milk</i>	24 <i>Chicken Nuggets (wg) C/N Baked Beans Broccoli Mixed Fruit Milk</i>	25 <i>Pizza (wg) w/ Pepperoni Green beans Corn Apple Slices Milk</i>	26
27	28 <i>Turkey Sandwich W/ bun, (wg) lettuce, tomato, and cheese Slices Carrot Sticks Pretzels Oranges Milk</i>	29 <i>Meatballs Cauliflower, Carrots, Mashed Potatoes (wg) Bread Peaches Milk</i>	30 <i>Macaroni & Cheese Broccoli Corn (wg) Rolls Mixed Fruit Milk</i>	31 <i>Chili w/ beef, beans and (wg) crackers Salad Apple Sauce Milk</i>	<p>USDA is an equal opportunity provider and employer. This Menu is subject to change!!!!!!</p> <p>Substitute Menu consists of: Cold cut sandwich, carrots, applesauce, corn and milk. (WG: Whole Grain (WGR) Whole Grain Rich 1% White Milk Pizza - low fat mozzarella cheese, pepperoni (turkey pepperoni), whole grain pizza crust and sauce</p>	