



July 2019 Breakfast/Snack Menu

	Mon	Tue	Wed	Thu	Fri	Sat
	1 (wg) Cereal Pineapples Milk Pineapple Milk	2 (wg) Cereal Peaches Milk Peaches Milk	3 (wg) Cereal Pineapples Milk Mixed Fruit Milk	4 NO SCHOOL	5 NO SCHOOL	6
7	8 (wg) French Toast Sticks Apple Sauce Milk Peaches Milk	9 (wg) Cereal Apple Sauce Milk (wg) Cheese and Crackers Mixed Fruit Milk	10 (wg) French Toast Pineapples Milk Pineapples Milk	11 (wg) Cereal Pineapples Milk Mixed Fruit Milk	12 (wg) French Toast Sticks Peaches Milk (wg) Chex Mix Peaches Milk	13
14	15 (wg) Cereal Apple Sauce Milk Oranges Milk	16 (wg) French Toast Sticks Pineapples Milk Apple Slices Milk	17 (wg) Cereal Pineapples Milk Apple Sauce Milk	18 (wg) Cereal Peaches Milk Pineapples Milk	19 (wg) French Toast Sticks Peaches Milk (wg) Chex Mix Peaches Milk	20
21	22 (wg) Cereal Pineapples Milk Mixed Fruit Milk	23 (wg) Cereal Pineapples Milk Apple Sauce Milk	24 (wg) French Toast Sticks Peaches Milk Pineapples Milk	25 (wg) Cereal Peaches Milk (wg) Chex Mix Oranges Milk	26 French (wg) Toast Sticks Mixed Fruit Milk (wg) Muffins Apple Sauce Milk	27
28	29 (wg) French Toast Sticks Peaches Milk (Wg) Chex Mix Applesauce Milk	30 (wg) Cereal 100% Fruit Juice Milk Oranges Milk	31 (wg) Pancakes Pineapples Milk Applesauce Milk	Cereals: Cheerios (Wholegrain), Chex, Kix, Honey Bunches of oats, Corn Flakes 100% Fruit Juice: Apple Juice, White Grape Peach, Very Berry, Orange (WG) : Whole Grain (WGR) Whole Grain Rich 1% White Milk Mixed Fruit : Grapes, Cherries, Pears, and Peaches		

Substitute Menu consists of: (wg) Cereal, 1% white milk and 100% fruit juice.
 USDA is an equal opportunity provider and employer.
 This menu is subject to change!!!!