



# January 2020 Lunch Menu

	Mon	Tue	Wed	Thu	Fri	Sat
	(WG) Whole grain (WGR) Whole Grain Rich 1% White Milk Pizza - low fat mozzarella cheese, pepperoni (turkey pepperoni), whole grain pizza crust and sauce Mixed Fruit; Grapes, Cherries, Pears, and Peaches Salad: lettuce mix with carrots and red cabbage		1  <b>No School</b>	2  Hot dogs w/bun (wg) TaterTots Carrots Peaches Milk	3  Chicken Patty w/bun (wg) Broccoli Salad (lettuce mix) Pears Milk	4
5	6 Chicken Nuggets(wg) Corn Mashed Potatoes (wg) Bread Peaches Milk	7  Pizza (wg) w/ Pepperoni Broccoli Corn Pears Milk	8 Chicken Patty w/bun (wg) Tater Tots Cauliflower, Carrots, broccoli Apple Sauce Milk	9  Meatballs (gravy) w/ potatoes, carrots Green Beans Apple Slices Milk	10  Hot dogs w/bun (wg) Baked Beans Corn Peaches Milk	11
12	13 Chicken Nuggets (wg) C/N Mashed Potatoes String Beans Mixed Fruit Milk	14 Macaroni & Cheese Cauliflower, Carrots, Broccoli (wg) rolls Peaches Milk	15 Pizza (wg) w/ Pepperoni Salad(lettuce mix) Corn Pineapples Milk	16 (wg) Chicken Nuggets Mashed Potatoes Broccoli, Cauliflower, Carrots (wg)rolls Apple Sauce Milk	17  Hot dogs w/Bun (wg) Baked Beans Carrot Sticks Oranges Milk	18
19	20  <b>NO SCHOOL</b>	21  Pizza w/ pepperoni (wg) Baked Beans String beans Mixed Fruit Milk	22 BBQ Meatballs Corn Mashed Potatoes (wg) Bread Peaches Milk	23 Spaghetti w/ Groundbeef-sauce/noodles (wg) Salad (wg) Bread Peaches Milk	24 Turkey Sandwich w/ (wg) bun, lettuce, tomato, and cheese Pretzels Oranges Milk	25
26	27 Chicken Salad w/ lettuce, chicken, and cheese (wg) Rolls Oranges Milk	28 BBQ Meatballs Corn Mashed Potatoes (wg) Bread Peaches Milk	29 Hot dogs w/wg bun Baked Beans Tater Tots Apple Sauce Milk	30 Chicken Nuggets (wg) C/N Mashed Potatoes Corn Mixed Fruit Milk	31 Ravioli w/ meat sauce (wg) Rolls Green Beans Salad (lettuce mix) Pineapples Milk	

Substitute Menu consists of: Cold cut sandwich, (wg) bread, carrots, applesauce, corn and 1% white milk. USDA is an equal opportunity provider and employer.